

# H pathway plan

Pathway plan created 5 January 2021

## Overview

Updated 26 November 2020

H's view about his plan

*I am happy with my plan and Avon takes time to listen to me. Avon is nice worker, who always checks to see if I am okay. She worries too much about all the time about me and specially now I am living in Birmingham. Avon says she will come to see my house in Birmingham to make sure it is okay and I am safe. Avon tells me that my education is very important and she wants me to do well. I will hopefully go to college very soon, after I have sorted my house and it looks nice.*

*I have Avon who is my case worker from Bradford. When I first came to Bradford I met her the very first time and she looked after me and my friends. Avon is like my UK mother and I am happy I have her to help me.*

*I do not want Birmingham care leavers to be working with me, but only Avon, Liz the nurse and Anne Marie, who I know and she helps me like Avon and she is a very nice lady.*

H support network from Bradford care leavers service are;

\*Liz Gilmartin –Care leavers nurse

\*Anne Marie Gill -Practice Lead –UASC –Care leavers nurse

\*Yvonne E. Guy –PA –Care leavers nurse

H is a delightful quiet spoken young person, who has a lovely smile. It is a pleasure to work in partnership with H as he begins on his journey of a new life in the UK.

Has H's PA I am concerned re H's immaturity and naivety. H is an extremely vulnerable young person re; his general and safeguarding issues and his personal wellbeing. H is at significant risk of exploitation if he mixes with the wrong crowd and he could be forced in criminality / county line drug trafficking

unbeknown to him, with a desperate desire for peer groups and friendship re a sense of belonging.

H loss and separation from his family, which is of particular significant to H to find out there wellbeing and his lack of attachment from his family, due to circumstances out of his control. H's emotional and psychological issues without question has been impacted on him tremendously. Post-traumatic stress disorder (PTSD) has been triggered by a terrifying event H has either experiencing it or witnessing back home in Nangarhar in Afghanistan.

I am mindful that H feels I am too intrusive and this really needs to be balance and allow H privacy has he develops a new life in the UK.

It is very important for consistent and to build a relationship up with H re Bradford care leaving service, having full case responsibility for H, but utilize and access support provision made available by via Birmingham care leavers.

My aims and objectives is to continue to work together in partnership with H on his journey of life in the UK has he adjusts to the western cultures and opportunities open to him has a young person.

# **Manager feedback**

Updated 24 December 2020

**24.11.20**

Hi I am so pleased that you keep in touch with Yvonne, she does worry about you particularly when she does not know where you are. Please ensure that you keep in touch with her as she will continue to support and advise you. Now you are in Birmingham she can help you find services that you may need and can also put you in touch with the Leaving Care Service there, it is something for you to think about. Yvonne will keep me updated about how you are getting on.

Thanks

Kelly Bidmead

Team Manager

# Achievements

 I want my own house and not to share with anyone  
by Kelly Bidmead 5 January 2021

# Goals

**I want to be car mechanic a in the future.**

This is the job I want to do.

Categories: *None*

Actions

- To gain the qualifications for me to achieve this**
    - Action Owner: *H*
    - Due by 29 June 2021
-

# Checklist

## Housing questions

Completed 8 November 2020

1. Do you have enough space to yourself where you live?

No

Not really, I am in the sitting room

2. Do you have heating?

Yes

3. Do you have everything you need where you live?

Yes

Kind of

4. Do you understand your rights as a tenant for where you live?

No

5. Do you feel like you have stability in terms of your housing?

No

I have to move here to Birmingham to find a house for myself to live in.

6. Do you feel safe where you live?

Yes

Yes it is okay

7. Do you find it easy to get to the places you need to from where you live?

Yes

I only know a little bit of Birmingham.

8. Do you feel like you are getting enough support to meet your housing needs?

No

No, I need my own house

do not like of having to share anything with a another person.

9. Are you on your local housing register?

No

I want to live in Birmingham now. Avon registered me in Bradford, but I do not to live

there.

10. Is your housing well looked after?

Yes

It is clean and tidy

11. Do you know how long you can expect to be living where you do at the moment?

No

Until i get a house in Birmingham. I need a house, just for me and not to share.

12. Do you know where you will move to next?

Yes

I will stay in Birmingham now. Avon said it is not good moving around the UK.

13. Do you feel like you know how to manage your housing?

No

14. Do you have access to the internet as often as you need?

Yes

## Housing current situation

Working well: Worries: H has had significant rapid changes in relation to his housing needs in a such a short time frame re 4 potential moves, not planned just extremely chaotic.

\*22nd June to 7th Sept at Claremount in Bradford, semi-independent living. Own pod, but shared Kitchen. H did not like this accommodation and felt to confine to the small living quarters.

\*7th Sept to 28th Sept –Inverness Scotland, H decided to go and live with his friend in a 4 bedroom shared flat. Spontaneous decision made by H, no discussion with his PA about this. H called to inform me he was on a coach heading his way to Scotland. His landlord –S was not made aware of H moving out of the accommodation. Reasons for leaving Inverness, he said he was scared due to other housemates were constantly fighting and he believes smoking drugs, which caused a lot of animosity and arguments with H’s friend, who tried to protect H from the other occupants. H said he friend, decided to pay for a hotel for H to stay in for one week, to keep him safe. This was due to H’s friend going to work for long hrs and H remained alone in the house for a significant period of time.

13th October H stayed overnight in Manchester, primarily due to his coach

coming into Manchester in the early hours of the morning and I advised H he would not be able to get a connection to Bradford, due to coaches will cease running. Likewise I was not aware or given any notice that H was returning back down till he was on the coach a few hours away before getting to Manchester. No provisions were in place re emergency accommodation identified for H's return.

28th Sept –14th October H returned back to Bradford to stay with a friend –sofa surfing. Discussion with H re future accommodation and H said he was considering moving to Manchester, because his best friend was there and he believes he could really settle there.

\*14th Oct -H made the decision to move to Birmingham. I wasn't made aware again of H's spontaneous departure from Bradford. H is currently staying in a 4 bedroom shared house, with a friend. H informed me that he does not have his own room, but was sleeping in the sitting room apparently on the floor. He said that he was okay, because this is what he is accustomed to when he lived back home in Afghanistan.

The overwhelming concern and worries are that H has refused appropriate accommodation identified for him in Bradford i.e. Supported lodgings with another y/p person in a large property in Shipley. He refused and cited the issues as the area was far too quiet and he would have a long journey back into Bradford to socialise and meet with his friends (15 minutes by bus). Further accommodation was a 1 bedroom flat, self-contained in a much sorted area. H refused and said he did not want this, as he had changed his mind re the area, which he initially requested. Brief conversation re; the benefits of Supported Lodgings and what this may entail for him. I advised that personally I believe this may be the right options for H, re his transition into adulthood with help, support and guidance and ready tenancy work. H disagreed and said he knew how to look after house. I stressed that he had no issues keeping his surroundings clean, cooking for himself, able to undertake grocery shopping on his own. But the fundamental part was actually managing the day to day managing of a property, taking full responsibility for paying for his bills, health and safety, Closing the doors / windows, managing living with neighbours and the overwhelming issues of taking care of a tenancy, which H has no idea whatsoever.

Third offer of accommodation opportunity, a self-contained flat at one of Claremount own property. The landlord was willing to accommodate H's needs, until a transitional plan was in place for a planned move for H. The rent was going to be drastically reduced to be in accordance with H's housing benefit entitlement. H refused and said he really did not see his future in Bradford, but was not really sure where in the UK, he really wanted to put down roots and to be settled. H was registered on Bradford social housing list, as this was what H had initially requested to be living in Bradford for a short while and then once he

had his qualifications and a good education, he was planning on relocating elsewhere; choice of preference was not identified.

H is extremely vulnerable and perceptive to individual taking advantage of his naivety and trusting personality. H is sleeping in a house with 4 other individual, who he does not know. Sleeping in the lounge area on the floor, this clearly is not acceptable or appropriate and rather concerning. H has not provided any information as to his friend's details. H has no local connection or knowledge to the area.

Next Step: H has agreed to forward me the personal details of his friend. Yvonne to liaise with Birmingham care leavers re; notification that H is a Bradford care leaver and an extremely vulnerably young person, who is sofa surfing in the area of Birmingham. Grave concerns re H's welfare and safety.

Voice of the y/p: H says, *his friend is looking for a house for him in Birmingham and speaking to different landlord on his behalf.* H has confirmed he has been to visit a few properties and felt uneasy and horrified at the state of the properties and could not really believe that people live like that. H believes that he should be given a 1 bedroom property (*not sharing with anyone*) and does not see why he should have to wait for housing, as he says *he has no home to live and where will he go?* Discussion with H re returning back to Bradford has an interim period and setting realistic goals and planning in motion. H has refused and said *he has no intentions to live in Bradford, apart from returning to visit friends in the north of the UK and Avon his PA case worker.*

## Health questions

Completed 8 November 2020

1. Do you know how to access your GP if you need to?

No

I have to find a different one, because my old one is in Bradford.

2. Do you keep up to date with appointments?

Yes

3. Do you feel healthy?

Yes

H spoke about his recent health scare re Coronavirus and said he was still getting over his illness. But he was not poorly anymore

4. Do you feel like you are getting enough help to meet your health needs?

Yes

5. Do you know where to go for support with substance use if you need to?

No

I do not know where to go for support.

6. Do you feel like you can manage your emotions?

No

I think about lots of things from back home my journey. I walk from Afghanistan to Paris by myself.

Something I cannot sleep because of all the worry I have to deal with and thinking about my home country.

7. Do you know where to go for support with your mental health if you need to?

Yes

But I do not want to talk to anyone.

## Health current situation

Working well: H appears fit and well. He is of slim build and about 5'5" tall. H has a really good relationship with his leaving care nurse Liz Gilmartin and has attended his health assessment appt on time. H's last health assessment recorded on the system 11.03.2020. H has fully engaged and likes to have this time to talk in confidence about health related issues concerning him in the privacy of 1-1 and being assured this is confidential and concerning his health matters, only

with his permission will this be disclosed, if he wanted his PA to know. Discussions have been held with H re sexually health, relationship and keeping himself safe.

H does not smoke or drink alcohol which if forbidden has he is a devout Muslim. H does not partake in any substance misuse and says this bad and not good for anyone to take.

H takes on advice re looking after his health i.e. physically and he is really independent and has demonstrated he can manage rather confidently. H likes to prepare fresh healthy meals, however he is partial to consuming takeaways meals on occasions, but due to the cost this has somewhat eased as H has realized the reality re he cannot afford this treat on a regular basis.

H likes to exercise and was provided with a gym membership from the care leaver's service, to access the local council sports center. However due to the current pandemic H has not had the opportunity to use the facilities. H had a volunteer, who also assisted H with recreational activities re keeping fit, but H had limited engagement with this support before the current pandemic.

Regarding H's emotional health, H would benefit from some therapeutic counseling re; (PTSD) due to his loss / separation and trauma from his childhood.

H was registered at Bevan house GP in Bradford. However due to H moving to Birmingham, he is aware that he cannot use Bevan house GP anymore, living out of the area and he will need to find a local GP in Birmingham.

H has not received a follow-up appt re suspected appendicitis and his previous overnight stay in hospital back in April 2020. H said he feeling very well and was not concerned about a follow-up appointment. H was registered with a dentist and options in Bradford and he attended these appointments independently. But H will need to registered for these supports to continue with a dentist / opticians locally in Birmingham. H had attended this appointment. Then a further appointment was made for 19th December, 2019 and H went to this appointment and was told that the dentist was not working. H has since missed 1 more appointment and a further 1 was cancelled by the dentist due to Covid. H has said his teeth are fine and is aware of the emergency dentists should any problems arise during this Covid19 periods.

H spoke about the terrible illness of being diagnosed with symptoms of Coronavirus and how poorly he was. He said he never wants to experience this again, as he felt really bad and very scared. Fortunately for H he has made a full recovery and no known lasting symptoms. H is back to his usually cheerful, happy, polite and soft spoken self.

Worries: H was diagnosed with symptoms of Coronavirus in April 2020 H was fully supported by the care leaver's service 24hrs a day. Continuous telephone calls were made to H from Friday 17th -24th April up to 23:00hrs hrs, throughout (am & pm) re; monitoring H's on-going health needs and checking that H was taking his medication on a regularly basis, which was prescribed to him by the paramedics. Joint decision taken by 111 caller operator and myself to send the ambulance crew out asap. Due to suspected Coronavirus symptoms. I had to call 999 for emergency assistant to go to H's home.

I was still on the phone to H when the paramedics arrived to see him. The paramedics took over and agreed to call me after they had seen to H. I stressed I needed to be kept update has he was a Looked after child, in the care of the local authority. Throughout the weekend and weeks afterwards H received continuous support and monitoring, phone calls were made, visits and his landlord also offered H support.

Approximate calls made in total (56) calls and text messages to support H who was in isolation and also his anxiety and this was a very distressing for H being seriously unwell and alone.

Senior management agreed that H could have takeaway meals for a week delivered to his flat along with shopping and bottled water dropped off at H's flat. This was to avoid H leaving his home to go anywhere, given the strict advice was for H to remain indoors for at least 7-14 days.

H was provided with a laptop, to continue with his college work and also to enable him to access social media to prevent boredom and the need to leave his flat.

H does not have a GP and needs to registered with one in Birmingham. H is not very proactive in seeing this has significant and the importance to be registered, along with a dentist and optician, this will take some time. H is very naive and does not have the skills to either registered on line or contact the surgery locally via telephone call, as to where he his currently residing with friends., given the current pandemic.

I'm am extremely concerned about H's welfare i.e. his emotional wellbeing and physical -Post-traumatic stress disorder, H has experienced some of these symptoms re his mental health condition that's triggered by a terrifying event — either experiencing it or witnessing it situation back home in Afghanistan. Likely cause H has experienced include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about events. Due to is significant lack of attachments from his family and friends. Having to leave behind his home country on his own has a young child under significant circumstances, which was not his decision or choice.

Next step: To be in contact with Birmingham leaving care in relation to notification that H is a Bradford care leaver and residing in there local authority area. Possibility of looking at working closely with Birmingham care leavers re utilize resources available for care leavers as well as our leaving care nurses in Bradford regarding H's emotional well-being, because they have a history of H medical records.

*Voice of the child: H says he is good he is not poorly anymore. He said you worry too much Avon, I am much better now do not worry any more.*

*H agreed he will contact the local GP surgery which he says his at the end of the long road where he currently is staying at his friend's house in Birmingham.*

## Identity questions

Completed 22 November 2020

1. Do you feel like you are getting enough support to understand your identity?

Yes

2. Do you feel like you have a sense of belonging?

Yes

I know I cannot go back to my country because it is not safe. But I am happy here building my life and future well being.

3. Do you feel like you know your rights?

Yes

4. Do you know as much as you want to about your past?

Yes

5. Do you feel like you know about your culture, religion and race?

Yes

I am from Nangarhar in Afghanistan which is a farming community.

6. Do you feel like your culture, religion and race are respected?

Yes

7. Do you feel like your sexual identity is respected?

Yes

8. Do you feel like you can make your own choices?

Yes

9. If you have an asylum claim, do you understand what is happening at the moment and what will happen next?

NA

## Identity current situation

Working well: H is very proud of his Afghanistan culture, identity and religion. H is a devout Muslim and likes to attend Friday's prayer which is very important to H.

H does not drink, take drugs or smoke and said this forbidden in his religious and

culture. H is very respectful of all nationalities and cultures. I have undertaken discussion with H re equal opportunity making references to giving everyone the same, regardless of their religion, identity, cultures, sexuality and disabilities. That everyone should be treated with the same respect.

H speaks Pushto has his first language. H can communicate very well in english. However his interpretation and understanding is without question a concern. It usually recommended, with the agreement of H that a Pushto interpreter is made available to translate on his behalf. H's voice needs to be heard and also H needs to understand the fundamental changes and implication effecting him.

Still acknowledging and celebrating his Afghanistan culture and the diversities of other cultures giving how diverse the UK is. H is in procession of his travel document. H had requested a provisional license this has not being processed as H had so many moves recently. I suggested that the best time to be in receipt of a provisional license is once H is settled in his own accommodation and this is where he's going to reside for a long time before an application will be made online for a provisional license. H was not happy about this and felt that he should be provided with a provisional license asap. However, I agreed that H can be provided with the finance, and together once he has a permanent address we will apply, but H was made aware that given the current pandemic his request for this ID document, may not be processed.

Worries: I asked H about his housemate and what were there names / age? H said he did not know, but they were kind of the same age has him, but maybe 21yrs old. He was not too sure. H question why I needed was asking this information about his housemates and said that he does not ask me about my friends. I acknowledge this and apologies for being insensitive.

I raised the question of H not really knowing them too well, given he has only just gone to Birmingham and sharing a house with strangers. I spoke about radicalisation extremists might use violence and damage to express their views. And extremist racial or religious groups might use hate, fear or violence to control and influence people. H said they are bad people and it was not nice they would do things like that. <br>

<br>

I gave an example to say -he could attend the Mosque for weekly payers and someone befriends him via his Muslim faith and slowly they radicalise by maybe showing good deeds, but there motivation will be deceitful re gaining his trust.<br>

<br>

I discussed his safety and placing himself at risk (safeguarding) and it would help to have planning in place re moving to another city, which he does not know. H said he was okay and he will look after himself and be careful.

H's naivety has an extremely young vulnerable adult, is an overwhelming concern. H is at significant risk of exploitation if he mixes with the wrong crowd and he could be forced in criminality / county line drug trafficking unbeknown to him, with a desperate desire for peer groups and friendship re a sense of belonging.

H has said that he really wants to live amongst other Afghanistan and feel part of the local community. H does not like Bradford and this was primarily his reasons for leaving.

Next step: To liaise with Birmingham care leavers re local resources available to integrate H into the local community re developing a sense of belonging. This ultimately is important for H to put down positive roots and start his new life in the UK. H's naivety has an extremely young vulnerable adult re; Safeguarding issues and his protection. However I am mindful that H feels I am too intrusive and this really needs to be balance and allow H privacy as he develops a new life in the UK.

To continue to work with H in terms of adapting to the western culture.

*Voice of the young person: H said he is ok and very happy that he now has his travel document in his possession and living in Birmingham to start his new adult life. He clearly stated that I should not overlook his provisional licence*

## Independence questions

Completed 22 November 2020

1. Do you know how to keep safe online?

Yes

2. Do you think that you have enough skills to live by yourself?

Yes

Brief conversation re Supported Lodgings and what this may entailed. I advised that personally I believe this may be the right options for H, re his transition into adulthood with help, support and guidance. Further discussion was had with an interpreter to explore H's views / understanding. But H confirmed he can manage by himself.

3. Do you feel like you know how to cook?

Yes

4. Do you feel like you are getting enough support to live independently?

Yes

I will need my own house , just a little bit of knowledge to manage the responsibilities.

5. Do you have an email address?

Yes

6. Do you feel like you have a say in your plan to independence?

Yes

7. Do you have a passport?

Yes

I have my travel document now.

8. Do you have a birth certificate?

No

I do not have one from my country.

9. Do you have a driving licence or provisional driving licence?

No

Not yet, because I have moved, I have the money for one, which Avon gave me.

10. Do you know what your National Insurance Number/PPSN is?

Yes

## Independence current situation

Working well: H is very proud of his Afghanistan heritage his roots and often talks very fondly of life back home. H says that his job as a small child was to tend to the cows and the sheep's in the fields and this is what most children / young people did back in Afghanistan. This was something which was passed down to them by their fathers / uncle for the male relatives to do. H said girls and women stayed at home to prepare and cooked food for the boys and men. H said that it was his responsibility to see to all the herds. Something he really enjoyed and took great pleasure in his daily work back home in Afghanistan. H said it was a big responsibility and very hard work for very long hours 7 days a week.

H has developed his skills here in the UK. H is able to shop, cook and prepare good quality meals for himself. H does not like to rely on anyone or seek support.

H is always well presented and he is able to see to his self-care skills. One point to note is that H take great pride in physical presentation and likes to be clean and tidy always. H is very fashionable and loves to buy the latest trainers and age appropriate clothing. H likes to regularly have his hair cut. No concern in this area.

Worries: H does not appear to have fully settled in the UK. I am concerned in terms of where does H sees himself regarding starting a new life on his own in the UK. H still has the tendency of reverting to some aspects of life back home in Afghanistan. For example when I spoke to H about his current housing accommodation needs; H made reference that back home in Afghanistan Avon everybody sleeps on the floor it doesn't matter you don't need a bedroom for yourself and you don't need a big house. He was residing in a property sleeping on the floor in the lounge which he felt was acceptable.

H has gained some independence skills re seeing to his overall physical needs. However he appears to lack some insight re his independence skills. H needs to slowly develop these skills re tenancy skills, by working together in partnership with his PA and other agencies who may come on board.

Next step: Further support to be provided to H re his independent skill, particularly around housing and local resources to aid H's development re managing to adapt to live in Birmingham.

Voice of the young person: *H said he is okay and can manage with a little bit of support. But he stated that he does not want to have different people involved re*

*trying to offer him support around aspects of his independence.*

## Finance questions

Completed 16 November 2020

1. Do you have a bank account?

Yes

2. Do you have enough money to pay for everything you need and also have a good life?

Yes

But sometimes I need more things and I do not have a lot of money.

3. If you have debt or arrears do you know how to manage them? (not including student loans)

NA

4. Do you feel confident managing your money?

Yes

5. Do you feel like you are getting enough help to manage your money?

Yes

6. Do you know what financial support you are entitled to?

No

H is on universal credit this was completed with his PA worker, because H could not understand the UC system.

## Finance current situation

Working well: H is in receipt of Universal credit and he enjoys receiving his money. He has now worked out that the amount he receives and this money must last him for four weeks. Therefore he has gained good budgeting skills re managing this reasonably well. H has a bank account based in Bradford and a bank card which he is now able to use adequately. H is now able to do online banking which he has the skills to undertake now on his own.

H had received extra finance at the start of the pandemic re; a high spec ID, to enable him to continue with his college work and also have the necessary means to not to socially isolated. Senior management agreed that given H was not allowed to leave his home –due to Covid19, so therefore takeaway meals were provided to H on a daily basis, which H was so very grateful for, given it came from a popular well-known diner.

H received his Shared fund allowance and was very happy about this.

H has been in receipt of regular IM from the care leaver's service, until we had confirmation that H benefits had been processed.

Along with the above, H together with support provided by Yvonne, applied for his travel document –finance was provided by the service, along with money for H's provisional license.

Worries: H does not know how to fully access his Universal credit account and throughout the time of applying for this Yvonne has assisted H on navigating his UC online account. H still gets confused by this and believes that the money he is receiving is not enough and he often asks why (care leaving service) are not providing for him anymore. Yvonne has had discussions with H about this and now he is 18 years old leaving care are no longer financially responsible for him, that is why he is in receipt of Universal Credit from the government . However he will still receive finance for clothing, for setting up his home, top-ups etc.

There has been an occasion whereby H has gone to the cash point machine at ridiculous times at night i.e. 12:00 midnight to access cash from the cash point. On both these occasions H's card was taken by the machine, because he had forgotten the pin number to access his account. H has called rather distressed and upset that the machine has taken his card. H had no idea who contact or how to report that his card had been taken by the cashpoint machine. Yvonne has asked H why he was out so late at night within the BD7 area using a cash point machine, attached to the corner shop? H said he had to go and purchase something to eat. H thought this it was ok to leave his home and go and purchase something to eat at that time of the night and , given the Covid pandemic.

Yvonne has gone with H the concerns raise with the bank regarding notification that his bank card had been taken by the cash point machine.

H does not fully understand the implications of a Universal Credit/ housing benefit and for a significant period of time H was moving around to various towns and cities and is housing benefit had been paid to the property in Bradford where he resided. H felt this was ok even though he did not confirm he wasn't going to go back to that property but the landlord had agreed to temporarily keep this property open for H for a four week period, given H had left his personal belongings in his room. Just in case H changed his mind. We changed his circumstances on his universal credit's as he was no longer residing at the BD 7 accommodation. This was in agreement with H.

Next step: To continue to monitor H's finance and also Yvonne still has the log in details from initially setting up H's UC claim. H has given Yvonne permission

to look at his account and together to work in partnership to check his journal and to-do jobs.

Voice of the young person: *H says everything is ok he can manage his money he doesn't have any problems, he has his bank card with him and he can check his bank statement as well as his UConline account.*

## Activities questions

Completed 16 November 2020

1. Do you have access to sports activities?

No

I like playing cricket and going to the sports centre, but now I am living in Birmingham everything is closed.

2. Do you have access to other activities you would like to do?

No

I enjoy cricket, I use to play in Bradford.

3. Do you know where you can find out about activities you can do?

No

H has not really identified other activities, to which he can participate in, possible due to really not knowing what is available. However he did have a volunteer Steve Makarab, from our care leavers service in Bradford.

4. Do you feel like you are getting enough support to participate in the activities and sports you want to do?

No

H's volunteer was willing to him identify activities and sports, when he was living in Bradford.

## Activities current situation

Working well: H is interested in a number of activities he loves cricket and used to play cricket when he was in Bradford. H is very passionate about cricket and all kinds of sports. H had a gym membership for Bradford, which he was very happy about, particularly with the exemption of no cost. H had a volunteer, with who he worked well with for a short period, but due to the pandemic sadly H was unable to continue receiving this support and he wanted to be venturing outdoors, which was not permitted.

H likes to watch Netflix and various movies and generally he likes to be out and about doing something.

H still asks about doing various activities however I don't feel he appreciates or understands the current situation with the pandemic around the UK and around the world i.e. therefore there are no social activities open for a H to undertake.

Worries: H is total all alone and living in a town he does not know. H needs

stability and a positive safe environment to explore activities and gain social acceptance from his peers i.e. possibly joining a local cricket group re; attachments to build his self-esteem up and confidence up desire and slowly gain his own friendship group amongst his own peers.

Next step: Yvonne to liaise with Birmingham care leavers re looking into what activities are based in Birmingham for H to participate in and possibly making a referral for a volunteer to support and befriend H.

Voice of the young person: *H wants to play cricket again and attend the gym.*

## Relationships questions

Completed 16 November 2020

1. Do you have contact with family members who are important to you?

No

I keep going on Facebook and asking friends who are from my country

2. Do you have contact with people who are important to you?

Yes

My best friend lives Manchester and I still keep in touch with him.

3. Do you have an adult you can trust?

Yes

4. Do you have people you can go to for help?

Yes

5. Do you feel happy with your friendships?

Yes

6. Do you feel like you are getting enough support to meet your relationship needs?

Yes

7. Do you feel happy with the relationships that you have?

Yes

8. Do you feel safe in your relationships?

Yes

## Relationships current situation

Working well: H has many Afghanistan friends in Bradford and other cities. He tells me they are good people that don't get him into trouble. I said that is good and that I am happy he has contact with his own community. H is very private about who they are and does not share this information easily and feels like I am intruding on his personal life and his right to privacy. H continues to tell me that he has had no phone contact with his family in Afghanistan and he doesn't know how they are. H informs me that the signal is very bad and he has been unable to get through to them.

H has not been able to contact any of his family, who were left behind Nangarhar

in Afghanistan and he said he just wanted them to know that he is safe and well living a life in the UK. It would appear that this something really significant for H and constantly on his mind. H has had a difficult and long journey to England from Afghanistan. He has briefly shared with me about his journey and the huge effect on his emotional health. H was aware that there support counselling was available at Bevan house which he was able to access when he is feeling low. But given H has moved to Birmingham it is something which is very much needed for H

We spoke about the possibility of H benefiting from a volunteer to alleviate some of his isolation and also someone, who has experienced similar circumstances to work with H re social activities in the community. H loves cricket –he use to play for a local team in Bradford and will look to pursue this hobby again. He said he liked watching basketball along with movies. H does have a volunteer, but due to the pandemic, it has not been possible to meet up.

H said he was very pleased to find out Yvonne was his leaving care worker. He has shared with me his memories about coming to the United Kingdom and meeting me years ago when he was 13 or 14 years old when first arrived in the Country.

H has lots of friends in Bradford, Manchester, London, and now some in Birmingham. H is a popular young person, and has a good nature. He is very kind and loving towards anybody he comes in contact with.

Worries: H continues to tell me that he has had no phone contact with his family in Afghanistan and he doesn't know how they are. He loves his family still back home in Afghanistan; sadly his father was killed when H was a young child. His mother he believes is still alive. I have had discussions with H about contacting the British Red Cross to find out about his family. H says that his mother gave her blessing and asked for him to leave Afghanistan at the time when he was young. This was due to the Taliban army wanting H to be initiated within the army and H had been taken by the Taliban army, but he was unable to carry out the task which they asked H to undertake (this was to behead an individual). H said he could not do this and therefore his uncle and mother made the decision for H to leave the family home permanently and find a better life elsewhere in the world.

H is desperate for information about his family and to regain some attachment and contact with significant others.

I am worried about H's constant behavior of not being settled in the UK, moving

around from different towns and cities H has not yet found a place where he can identify as his own. H is now in Birmingham and feels that this is where he wants to be and to form new friendship with friends who he doesn't really know. H has had a number of illnesses within the last few mths. What has been very noticeable re H's desire for attention, in whatever capacity i.e. calling the paramedics out, due feeling unwell / raised temperature. His fixation to be rather demanding at times. H does appear a little impatient and wants an answer immediately, but also H needs constants re reassurance / repetition over and over. H has tendencies to ignore calls / text messages which are very important. When confronted with why he did not answer his phone, H will imply he was unavailable to respond, due to resting or sleeping. This is concerning and not really acceptable at times, when professionals or. Possibly some immaturity on H's part re; game playing. It is important that H answers calls and responds to text messages

H's journey and transit to the UK and what H may have experienced and witnessed back home on his journey to the UK, post-traumatic stress disorder, lack of attachments, re; significant providers / care givers (parents). H's loss and separation from his family / friends and his home back in Afghanistan. A number of fatuities would impact on H's emotional welfare. Agencies involved to monitor H's emotional & physical demeanour.

Next step: Yvonne to contact Birmingham's leaving care in relation to support for H around safeguarding issues and adults who he can trust. H is extremely naive and open to predators who will take advantage of H's good nature i.e. criminality, drugs, sexual exploitation and befriend H. H's true friends are significant to him. However H does not see that he is a vulnerable young person starting out a new life in the UK, without looking at the risk he is placing himself in.

Voice of the person: *H says not to worry Yvonne I am fine I will try my best and I will look for my family very soon.*

## Careers questions

Completed 25 November 2020

1. Are you studying, in training or working?

No

I will be going to college soon.

2. Do you feel like you have stability in terms of your education or job?

No

3. Do you feel like you have the qualifications you need?

No

4. Have you got work experience?

No

5. Do you know how to get careers advice?

No

No I will have find this out in Birmingham

6. Do you feel like you know how to meet your career goals?

No

7. Do you feel happy with what you are currently doing?

Yes

I have was sick and now I am getting a little better. I still need to rest.

8. Do you feel like you are getting enough help with your education, training or work?

No

I went to a LEAP drop-in with Yvonne in Bradford, but came to Birmingham to live

## Careers current situation

Working well: H would love to, in his own words "*have my own garage*". His knowledge and skills in this area is limited but he would love to learn how to be a mechanic.

H has studied Motor Mechanics at Bradford College in the past and Yvonne had to support him to maintain his place as his attendance was below average. H said there were people who weren't nice to him on the course and this made him

feel too uncomfortable to attend regularly.

H said he would consider going back, he believes he has level 2 ESOL and would like to progress to the next level.

Worries: My concern is that H needs to be in training or attending a college to complete his ESOL and his interest is car mechanic. H will not gain the knowledge or understanding if he sits about all day doing nothing. This is not good practice that H has been out of education and the overwhelming factors will be his current universal credit, will impact on him not in training or college.

His benefits will be stopped and this will be detrimental to H. He has potential to succeed, but not if he chooses to do nothing to better himself and accept the support on offer from agencies working with him.

H is on a level 1 course in Mechanics at Bradford College with one day a week placement. He was also down for completing his maths and english. But H's overall attendance was 42%, extremely concerning. This had resulted in H's poor attendance at Bradford college; he had not pass the level 1 course for 2019-2020. H made several excuses has to why he was unable to attend, past bullying issues, feeling poorly and the need to rest.

H had been accepted onto the Progression to Learning & Work Entry level 3 & level 1 / IT course at Bradford college to start September 2020.

H decided to move to Inverness in Scotland, without any planning or notification to the college and he did not attend the course. Unfortunately I had to inform Bradford College that H was not going to be on role has a student, due to moving out of the area.

H returned back to Bradford We had a meeting with our in house training providers at-LEAP. H was asked would mind if I shared his number with Prospects / Connexions and he will be eligible to get the Nandos vouchers H agreed to resuming some form of his education and acknowledge how important it was to learn.

We discussed different education providers where he could progress with his ESOL and IT and then onto mechanics, which is H's dream job. H was happy to be referred to Aspire 2 work in Bradford. We discussed the location and he was aware of where he would need to travel to.

Discussed working alongside his training, H didn't seem too certain but he said he may consider part time work.

H is not in any education or training and appears to show not interest or desire to undertake his educationally needs to help him progress in life.

H universal credit could be affected, if he cannot evidence that he is involved with training providers. Failing this H will undoubtedly have to comply with the benefits.

H appears to have lost his aspiration for learning and I hope he regain this has H does have the potential succeed.

Next Step: To ascertain what opportunities are available for H in Birmingham and liaise with the connexion services to notify them of a Bradford care leaver now residing in there area.

Voice of the young person: *H says he needs time to settle, before looking in any training opportunities. He still wants to own his garage one day and believes he will achieve this.*