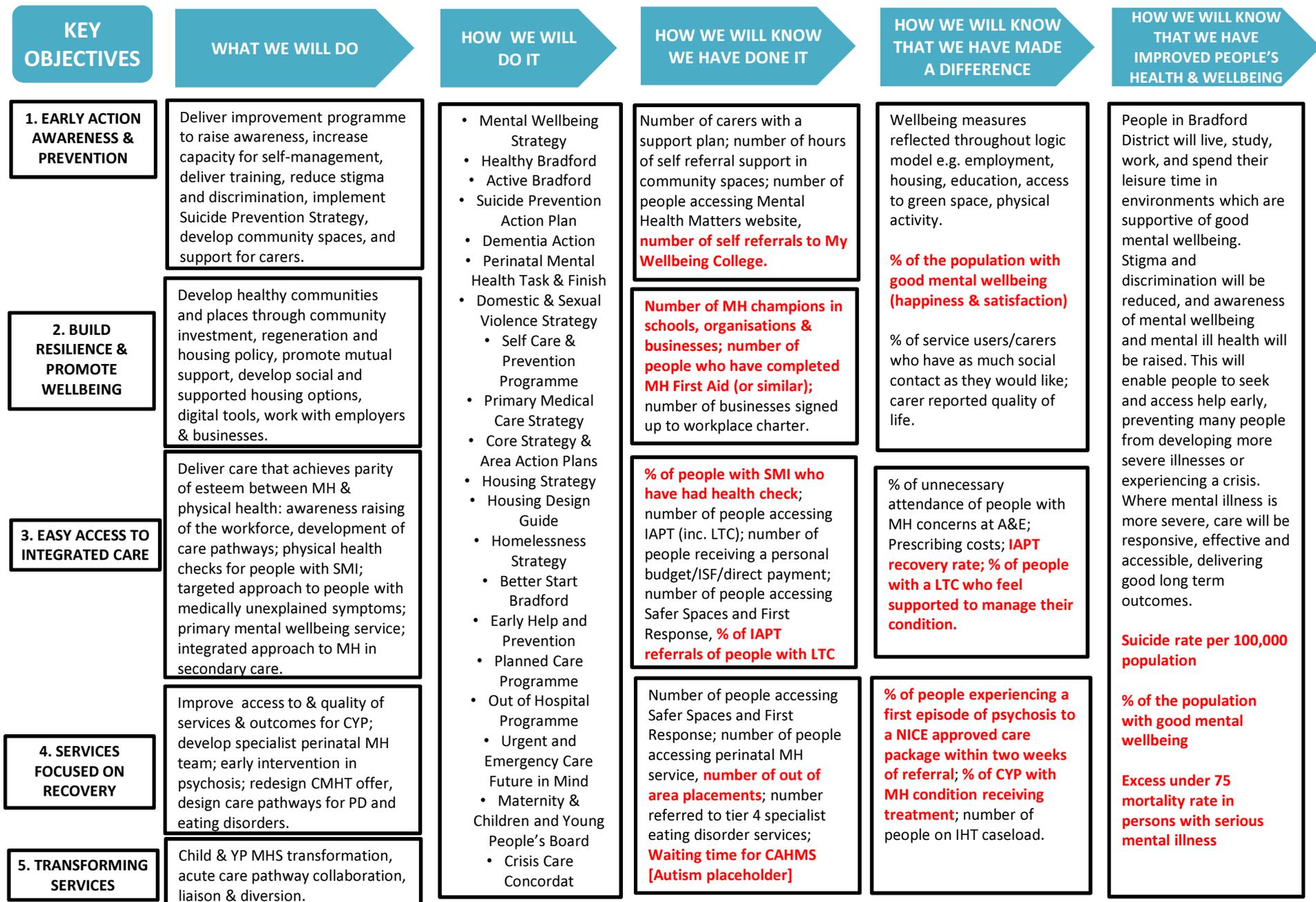


Appendix 2 – Outcomes model for the Mental Wellbeing Strategy



MENTAL HEALTH PARTNERSHIP BOARD: MENTAL WELLBEING

Quarter 4

2017/18

Common mental health problems

LOCAL CONTEXT

In 2017/18 there were 50,170 people on the GP depression registers across Bradford district and Craven. We also know that 1 in 5 reported high anxiety in response to the annual population survey for Bradford. In total £4,828,000 was invested in services aimed at improving access to psychological therapies across.

Five Year
Forward
View: Mental
Health



Key:-

BdC denotes Bradford District and Craven

*** Better
** Similar
* Worse

RISK FACTORS

Social isolation ***

2 in every 5 people said they feel socially isolated in 2011/12, this rate has been improving and by 2015/16 with 1 in every 2 reported feeling socially isolated



Deprivation ***

Although not evenly distributed almost half of all GP practices across BdC have registered patients who fall within the 10% most deprived populations in England

People with LTCs feeling supported

13 out of every 20 people with one or more long-term condition reported feeling supported to manage their condition

DIAGNOSIS AND SERVICES

Direct access to psychological therapies

Access to psychological therapies are offered by the Wellbeing College which encourages people to self-refer. 3 out of every 5 people access this service via direct self referral

Psychological therapies – 6 weeks ***

97.7% are seen within 6 weeks, which is above the target of 75% and means that 19 out of every 20 are seen

Access to psychological therapies: for people with LTCs and for people from BME groups

In 2017/18 of the 13,979 referrals for psychological therapies 3,250 were for people with one or more LTCs and 3,178 were from BME communities

Psychological therapies - coverage ***

By 2020/21 we are targeting the 1 in 4 who could benefit from access to psychological therapies and in 2017/18 there were 13,979 referrals made for access to psychological therapies

Psychological therapies – 18 weeks ***

98.2% are seen within 18 weeks, which is above the target of 95% and means that just 2 in every 100 are waiting beyond 18 weeks

Future in Mind Children and Young people access ***

We have 1,104 children and young people who are expected to have a diagnosable mental health condition and are seen 385, almost 35%, although this is lower than the England rate of 52%

OUTCOMES



Psychological therapies recovery ***

The rate of recovery in 2017/18 fell just short of the 50% required at 49.96%. This equates to 1 in every 2 recovering similar to the England result

People with one or more LTCs recovery

The rate of recovery for people with one or more LTCs following access to psychological therapies was below the target at just 47.6%

Psychological therapies recovery (BME)

The rate of recovery for people from BME communities following access to psychological therapies was below the target at just 46%