# **Bradford Young Carers Service Update Report September 2017**

The service provides direct support to young carers up to 18 years old and their families.

The service offers a whole family approach in its delivery although the primary focus is on the young carer. Assessments are completed with both the child (young carer) and the parent. Reviews are completed at least every 3 months. The service uses an outcome based approach with clear dialogue with young carer/parent regarding progress towards agreed outcomes.

All young carers have a dedicated caseworker.

The support package can include -

TIME LIMITED GROUP WORK – focus groups such as mental health, hidden harm running for on average a 6 week period.

INDIVIDUAL SUPPORT – specific purpose i.e. understanding illness/disability cared for, anger management, self-esteem work etc.

EDUCTION SUPPORT – advocating for young carer regarding any educational difficulties, supporting young carers transitioning, support to think about progression/aspirations etc.

FAMILY SUPPORT – support to resolve family tensions/dynamics. Ensuring caring responsibilities are fair and distributed amongst family fairly, support with benefits, ensuring family in receipt of entitled grants/equipment etc.

PARENTING SUPPORT – one to one work with parents does happen to negotiate a reduction in pressure on the young carer or to support the parent to access entitled and appropriate support for themselves.

SIGNPOSTING AND ADVOCACY – Young carers and their families are supported to access appropriate support. Referrals to other agencies such as counselling, benefit advice, local activities etc.

PROMOTING IDENTIFICATION AND SUPPORT – Identification of young carers can present a significant challenge particularly when the young carer is caring for a parent with a mental health and/or substance misuse issue.

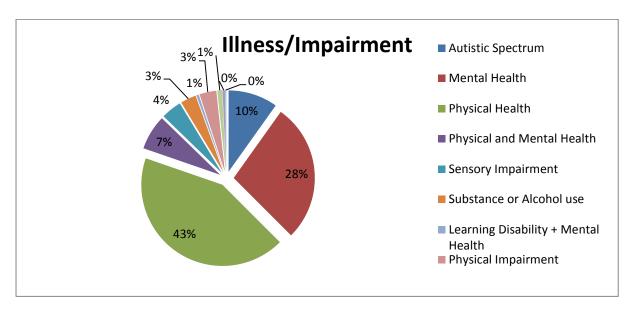
The information contained within the graphs start from the right and move clockwise in relation to the percentages and colours. For example the first Graph 1.1 – Person being cared for is: Autistic Spectrum is blue and 10%.

## 1. Outputs and Profiles

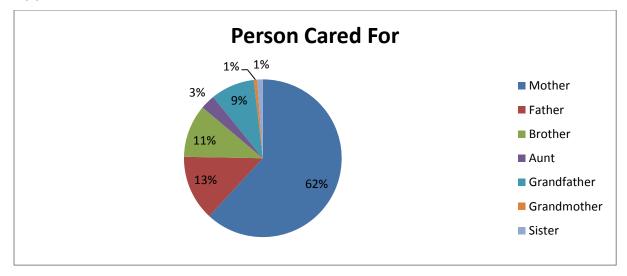
The service worked with 306 young carers over the period of  $1^{st}$  April 2016 to  $31^{st}$  March 2017. This is an increase from 256 children and young people being supported in 2015/16

The service also worked with 92 parents

# 1.1 Person Being Cared for profile

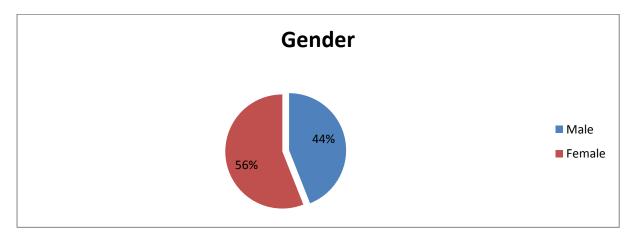


Although some of the categories only differ slightly from last year there has been an increase in physical health/impairment being the reason the person is being cared for.

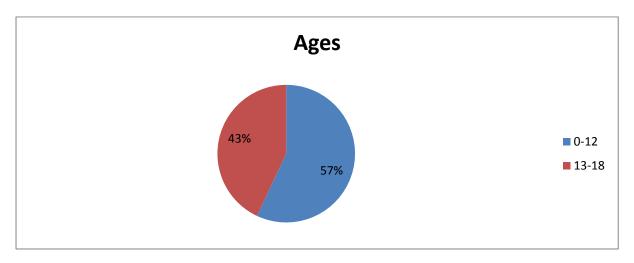


There has been a percentage decrease in the mothers being cared for from 75% in 2015/16 to 62% in 2016/17. The percentage of fathers being cared for has doubled rising from 6% to 13%. Aunt and Grandmother are additions in this year as persons being cared for.

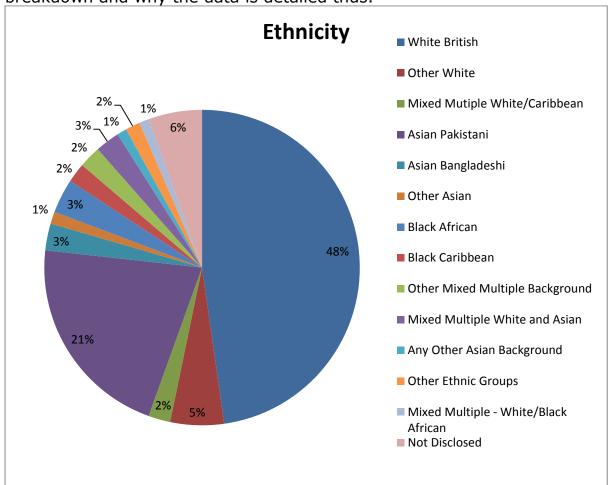
# 1.2 Young Carer profile



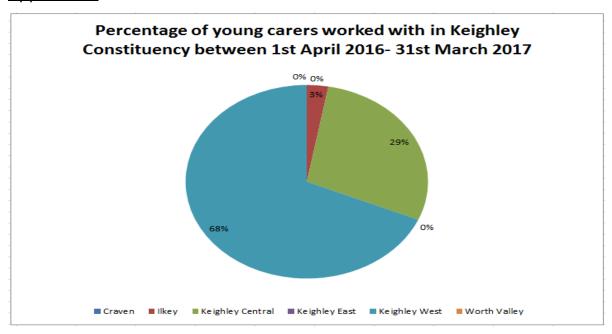
There is no significant difference in the percentages of each gender caring between 2015/16 and 2017/18

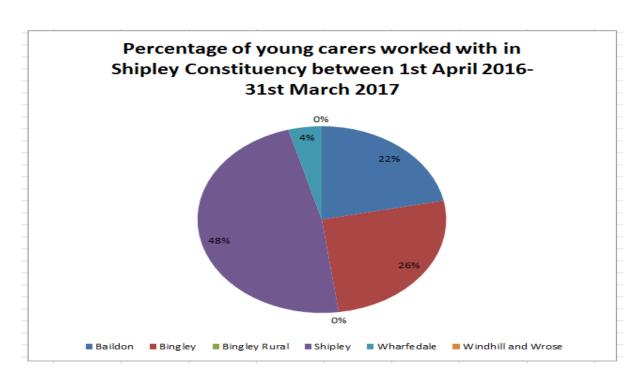


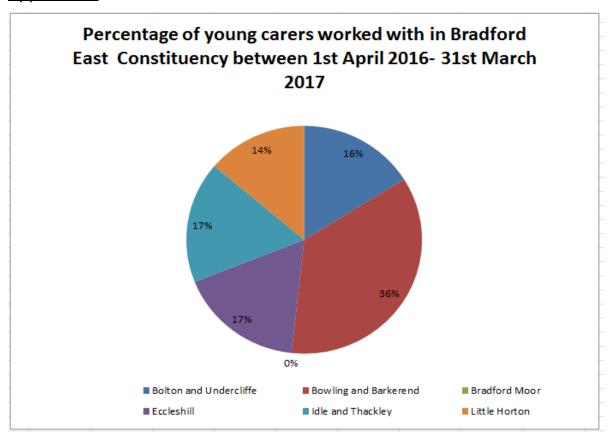
This graph shows the breakdown for age from the Young Carers Service. The way that the information is shown details 0-12yrs, as this is the how Barnardos collect their data. Kerry McKenna will be able to explain the breakdown and why the data is detailed thus.

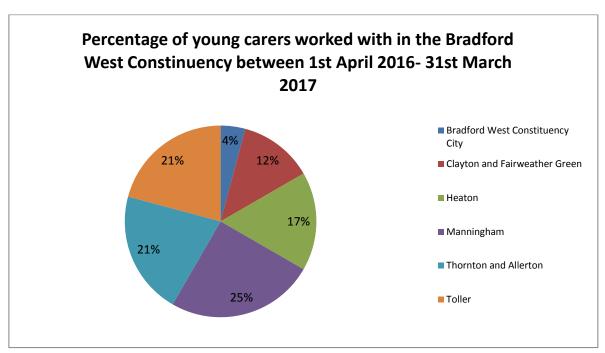


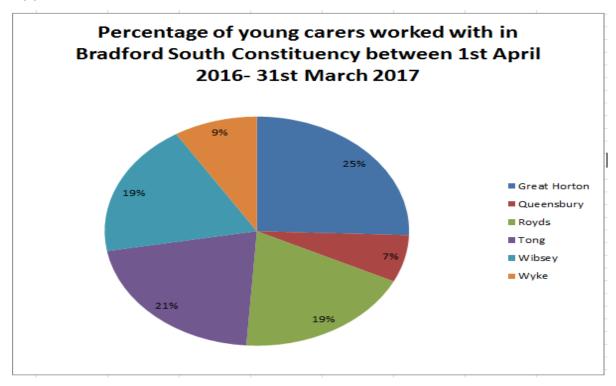
There is a reduction in the ethnicity of young carers that are identifying as White British from 56% to 48% and a reduction in those identifying as Asian Pakistani form 24 to 21%. However there has been an increase of those who have not disclosed ethnicity from 0 to 6%. There have been small increases in the reported ethnicities of Other White, Asian Bangladeshi, Black African, Black Caribbean, Other Mixed Multiple Background, and Mixed Multiple White.



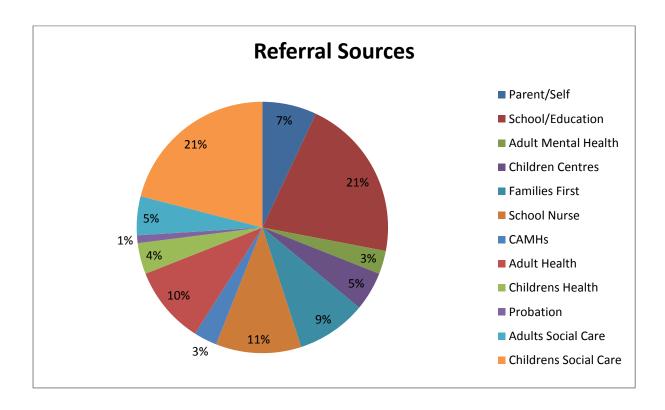


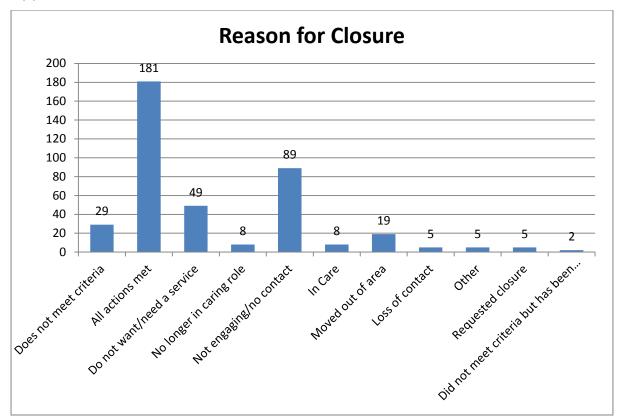






## 1.3 Referrals and Closures





Where a service is not given this can be for a number of reasons: it may be that the young person feels they have caring responsibilities that are commensurate with household duties of every other child. When a child's caring responsibilities becomes beyond that of normal care and into excessive care, the Young Carers service would, if necessary, refer to Children's Social Care if the issues were causing significant harm or may cause significant harm. The Young Carers service would also refer to Targeted Early Help if they felt the family needed more support than they as a single agency could manage.

#### 2. Outcomes

#### Outcome 1: reduced impact of caring

78% of all closures identifying this outcome report reduced impact of caring against target of 60%

## Outcome 2: improved social life/friendships

60% of all closures identifying this outcome report improved social life/friendships against a target of 60%

### **Outcome 3: improved family relationship**

61% of all closures identifying this outcome report improved family relationships against a target of 60%

#### Outcome 4: improvements at school/college

60% of all closures identifying this outcome report improvements at school/college against a target of 60%

# Outcome 5: feel able to contribute to planning and decision making and have influence on what happens to them

74% of all closures identifying this outcome report feeling able to contribute to planning and decision making and have an influence on what happens to them against a target of 60%.

#### Outcome 6: increased confidence and resilience

72% of all closures identifying this outcome report increased confidence and resilience against a target of 70%

## Outcome 7: overall satisfaction with the service

92% of all closures report satisfaction with the service against a target of 70%

## 3. Key Developments

- Trained professionals to improve early identification and support of Young Carers including District Nurses, Family Action and through delivering Children's Safeguarding Multi Agency Training
- Training and events undertaken with GPs
- All Secondary Schools now have a named member of staff for Young Carers. 32 Secondary Schools have undertaken training
- 109 Primary Schools have a named member of staff for Young Carers, 40 Primary Schools have currently undertaken training. Further training is planned for the forthcoming academic year.
- Successful in grant bid to Morrison's to provide updated resource pack for schools
- Developed partnership with Early Help
- Development of new model of delivery to ensure efficient and effective delivery to service users to be implemented from Sept 17
- Young Carers pathway for Bradford District Care Foundation Trust is now embedded
- Further development of a Young Carers pathway with Council Adult Services