

Update from CQC Hospitals - Mental Health Directorate in Bradford and District

We have now completed our comprehensive programme of inspecting all NHS mental health hospitals and independent mental health services that were registered with us from April 2014.

We have also completed our comprehensive inspection programme of substance misuse services that were registered after April 2015. We have not rated substance misuse services at these inspections whilst we ensure the new methodology used for both NHS and independent hospitals is applicable to these services. We have inspected these services against the regulations.

Inspections of NHS and independent hospitals, as well as substance misuse services, that have registered with us since these dates will continue over the coming months. We will also continue to revisit those services where we have identified breaches of regulations to ensure that those providers have taken the required actions.

We have seen some excellent examples of good practice over the last year, with 16 out of 47 NHS trusts rated as good as at 31 July 2016. Two NHS trusts were rated as outstanding in September 2016. The majority of NHS mental health trusts were rated as requires improvement overall. This was 30 out of the 47 inspected and reported on, or 64%. One NHS mental health trust was rated as inadequate. The safety of patients in NHS trusts remains an area of concern, with 40 rated as requires improvement and four rated as inadequate for the key question 'are services safe?'.

We have also seen good and outstanding practice in independent mental health providers, with 103 rated as good and seven rated as outstanding. However, 43 were rated as requires improvement and 8 as inadequate.

Further information about what our inspections have found in NHS mental health services, independent mental health services, and substance misuse services so far is available for reading in our latest State of Care report.

On a local level, at the time of writing this commentary the Bradford District Care NHS Foundation trust is rated as good overall. We have regular engagement meetings with the trust and they provide us with regular intelligence updates and quarterly monitoring information to evidence the level of treatment and care delivered by the organisation. We have two independent mental health services in Bradford; Cygnet Hospital Wyke and Cygnet Hospital Bierley. Both these independent hospitals have been rated as good overall but have breaches of regulations in the

safe domain which we monitor through reviewing action plans at engagement meetings. We also maintain oversight of these services from the intelligence and information we receive about these services from stakeholders, as well quarterly monitoring.

There has been a change in provider at an independent health provider in Keighley in November 2016. It was Priory Hospital Keighley that was rated as good overall. It is now Three Valleys Hospital provided by Elysium Healthcare. CQC aims to inspect all newly registered services within 12 months of the registration.

We inspected three substance misuse services across Bradford in 2016 that were registered with the Care Quality Commission, including Addaction Bradford Clinical Support Services, Lifeline Piccadilly Project (alcohol services) and Oasis Recovery Communities (detoxification services). These were not rated. Both Addaction Bradford Clinical Support Services and Lifeline Piccadilly Project had breaches of regulation in the safe domain. Oasis Recovery Communities had no breaches of regulation.

Breaches of regulation in the independent mental health services and substance misuse services will be followed up in 2017/18 to confirm the providers have taken action to meet the regulations.

Next phase of Mental Health inspections

As part of the CQC strategy for 2016-2021, we published a summary document detailing what our strategy means for each of the sectors we regulate.

We have been reviewing the methodology used for inspecting NHS mental health hospitals. Providers have had the opportunity to input into these changes through a consultation which ended in February 2017. Over half of our provider responded. We will publish the outcomes.

We are considering a number of potential changes including:

- Principles for assessing new care models and complex providers
- Change from 11 to 2 assessment frameworks
- Approaches to include additional services, including mental health services in acute hospitals
- Proposals for using accreditation schemes

The changes proposed are to ensure the following change the key lines of enquiries and the inspection methodology in order to:

- Focus our inspections where we have the greatest concerns or services that might have improved
- Develop our local relationships with providers, with Healthwatch and local and regional public organisations
- Accommodate new models of care
- Align our approach with NHS Improvement to avoid duplication.

There will be changes from May 2017 in the way we inspect NHS mental health services. There will be no changes at this time for the way we inspect independent mental health services or substance misuse services. However, there are plans to rate substance misuse services in the coming year.

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